Where Loneliness Lives

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There is a pit carved into the center of my chest filled with swollen moth balls, themselves coated in dust or leaves, forgotten attempts to preserve the stored away heart.

At high noon in mid-June, the Orange line readies, packed for a saturday ball game. Boston thaws, inviting the warm skin of strangers to ebb against mine, sticking only slightly, then peeling off at the stops.

I watch them adjust their caps and step off into the rays of light veering rarely through subway station windows. Relieved for space, I exhale. I miss them.

I jog in Sacramento because this is what one does in Sacramento.

Foliage is slow here, falling amongst rows of gentle houses in rhythm with the couples that appear so suddenly, that the side walk feels infiltrated fingers wrapped around fingers, and rose gold bands with their dogs and trees that drape over yards filled with wooden rope swings and stability.

I jog past.
I attempt a smile
Look happy
Completely satisfied
without your dog
wooden tree swing
or rose gold.

It is 2pm.
The high tide crashes in, swirling pools of muddled foam invade my well-kept cave.
The mothballs, they float aimlessly to the surface popping out their white balmy, balding heads, coating me with slick discomfort.

There is no place for this kind of ugliness in Sacramento.

Sometimes loneliness just has to live between tides, and skins of arms on subways. Only to suddenly appear as vulgar, bubbling garbage floating in clear blue waters, passing by gaping vacationers and disrupting holidays in Cancun.

An uninvited reality between engagement rings and tree swings.